

Individual Top Times

Number of Top Times: 50 Convert To: SC Print: SC

	Time	P/F/S	Name	Age/Yr				
Girls 50 Free								
1	28.45 S	F	Kelsey Rosenmeier	SR	COX	12/11/2009	Cox vs Ocean Lakes	
2	28.91 S L	F	Gabriella Famularo	SR	COX	12/11/2009	Cox vs Ocean Lakes	
3	29.25 S	F	Haley Smith	FR	PA	12/18/2009	Princess Anne vs Kempsville	
4	29.53 S	F	Erin Hagelberger	SO	PA	12/18/2009	Princess Anne vs Kempsville	
5	29.54 S	F	Hallie Parent	JR	FC	12/4/2009	First Colonial vs Kellam	
6	29.64 S	F	Claire Bianchi	SO	COX	12/4/2009	Cox vs. Salem	
7	29.73 S	F	Julie Ross	SR	KEMP	12/11/2009	Kempsville vs First Colonial	
8	29.94 S	F	Amanda Brown	FR	COX	12/11/2009	Cox vs Ocean Lakes	
9	30.01 S L	F	Aubrey Small	SO	COX	12/11/2009	Cox vs Ocean Lakes	
10	30.09 S	F	Pirkko Zink	JR	LAND	12/11/2009	Bayside vs Landstown	
11	30.10 S L	F	Kylene Hohman	SO	FC	12/11/2009	Kempsville vs First Colonial	
12	30.16 S L	F	Becca Phillips	FR	KEMP	12/18/2009	Princess Anne vs Kempsville	
13	30.19 S	F	Megan Dunning	SO	BAY	12/18/2009	Salem vs Bayside	
14	30.20 S	F	Margaret Ward	11	SALEM VA	12/18/2009	Salem vs Bayside	
15	30.27 S	F	Molly Robinson	SR	FC	12/11/2009	Kempsville vs First Colonial	
16	30.52 S	F	Bethany Moore	SO	KEMP	12/18/2009	Princess Anne vs Kempsville	
17	30.63 S	F	Heather Dunning	SO	BAY	12/11/2009	Bayside vs Landstown	
18	30.71 S	F	Cassie Newman	SO	PA	12/18/2009	Princess Anne vs Kempsville	
19	30.83 S	F	Kasey Byzewski	12	SALEM VA	12/11/2009	Salem vs Tallwood	
20*	30.92 S L	F	Lauren Wilhoit	SR	FC	12/4/2009	First Colonial vs Kellam	
20*	30.92 S	F	Taylor Rehfuss		KEL	12/18/2009	Kellam vs Ocean Lakes	
22	31.11 S	F	Dana Clarke	SO	KEMP	12/11/2009	Kempsville vs First Colonial	
23*	31.17 S	F	Caitlin Shirey	SO	TALL	12/3/2009	Landstown vs Tallwood	
23*	31.17 S	F	Connie Ranz	JR	KEMP	12/11/2009	Kempsville vs First Colonial	
25	31.26 S L	F	Amanda Waterman	JR	PA	12/4/2009	Princess Anne vs Green Run	
26*	31.44 S L	F	Melissa Farrell	SR	COX	12/4/2009	Cox vs. Salem	
26*	31.44 S	F	Lizzie Phillipott		KEL	12/18/2009	Kellam vs Ocean Lakes	
28	31.50 S L	F	Jessy Linzy		KEL	12/18/2009	Kellam vs Ocean Lakes	
29	31.54 S	F	Madeline Potter	SR	COX	12/11/2009	Cox vs Ocean Lakes	
30	31.72 S	F	Jalyssa Robles	JR	OL	12/18/2009	Kellam vs Ocean Lakes	
31	31.82 S	F	Jackie Pankow	JR	COX	12/4/2009	Cox vs. Salem	
32	31.88 S	F	Michelle Faggert	SO	OL	12/18/2009	Kellam vs Ocean Lakes	
33	31.94 S	F	April Knutsen	SO	FC	12/4/2009	First Colonial vs Kellam	
34	32.10 S L	F	Megan Geis	SO	OL	12/18/2009	Kellam vs Ocean Lakes	
35	32.15 S	F	Jordan Sharble		KEL	12/18/2009	Kellam vs Ocean Lakes	
36	32.18 S	F	Erin Green	SR	FC	12/4/2009	First Colonial vs Kellam	
37	32.21 S	F	Morgan Ryder	SR	FC	12/11/2009	Kempsville vs First Colonial	
38	32.25 S L	F	Katie Meyer	SO	PA	12/4/2009	Princess Anne vs Green Run	
39	32.39 S	F	Kara Natividad	JR	PA	12/4/2009	Princess Anne vs Green Run	
40	32.43 S	F	Anaelle Stenman	SO	PA	12/4/2009	Princess Anne vs Green Run	
41	32.63 S L	F	Kaitlin McQueeney	SO	FC	12/11/2009	Kempsville vs First Colonial	
42	32.66 S L	F	Kelli Fatigate	JR	COX	12/4/2009	Cox vs. Salem	
43	32.68 S L	F	Erin Bovee	FR	PA	12/18/2009	Princess Anne vs Kempsville	
44	32.83 S L	F	Brittany Baskette	SO	PA	12/4/2009	Princess Anne vs Green Run	
45	32.84 S	F	Roni Gordon	SO	PA	12/18/2009	Princess Anne vs Kempsville	
46	32.90 S L	F	Brittany Gaither	SR	LAND	12/11/2009	Bayside vs Landstown	
47	32.96 S	F	Marysa Saltzman		GRHS	12/11/2009	Kellam vs Green Run	
48	33.04 S	F	Ansley Webb		KEL	12/4/2009	First Colonial vs Kellam	
49	33.06 S	F	Natalie McDaniel	SO	LAND	12/11/2009	Bayside vs Landstown	
50	33.15 S L	F	Erika Kilgore	FR	OL	12/18/2009	Kellam vs Ocean Lakes	
Girls 100 Free								
1	1:03.74 S	F	Kelsey Rosenmeier	SR	COX	12/11/2009	Cox vs Ocean Lakes	
2	1:04.34 S L	F	Gabriella Famularo	SR	COX	12/11/2009	Cox vs Ocean Lakes	
3	1:04.88 S	F	Claire Bianchi	SO	COX	12/4/2009	Cox vs. Salem	
4	1:05.04 S	F	Jenine Burns		KEL	12/4/2009	First Colonial vs Kellam	
5	1:05.12 S	F	Hallie Parent	JR	FC	12/4/2009	First Colonial vs Kellam	
6	1:05.84 S L	F	Rachel Lowery	SO	FC	12/11/2009	Kempsville vs First Colonial	
7	1:05.94 S	F	Margaret Ward	11	SALEM VA	12/4/2009	Cox vs. Salem	
8*	1:06.19 S	F	Erin Hagelberger	SO	PA	12/18/2009	Princess Anne vs Kempsville	

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8*	1:06.19 S L	F	Julie Anne Stern	JR	COX	12/4/2009	Cox vs.Salem
10	1:06.26 S	F	Anaelle Stenmark	SO	PA	12/18/2009	Princess Anne vs Kempsville
11	1:06.58 S L	F	Haley Smith	FR	PA	12/4/2009	Princess Anne vs Green Run
12	1:06.69 S	F	Amanda Brown	FR	COX	12/11/2009	Cox vs Ocean Lakes
13	1:07.78 S	F	Becca Moyer	12	SALEM VA	12/18/2009	Salem vs Bayside
14	1:08.40 S L	F	Blair Horth	SO	FC	12/4/2009	First Colonial vs Kellam
15	1:08.47 S L	F	Bethany Moore	SO	KEMP	12/4/2009	Kempsville vs Bayside
16	1:08.53 S	F	Connie Ranz	JR	KEMP	12/11/2009	Kempsville vs First Colonial
17	1:08.56 S L	F	Fiona Craib	FR	PA	12/18/2009	Princess Anne vs Kempsville
18	1:09.06 S L	F	Megan Geis	SO	OL	12/11/2009	Cox vs Ocean Lakes
19	1:09.47 S L	F	Stuart Lyster	FR	COX	12/11/2009	Cox vs Ocean Lakes
20	1:09.95 S	F	Megan Dunning	SO	BAY	12/11/2009	Bayside vs Landstown
21	1:10.02 S	F	Lauren Wilhoit	SR	FC	12/11/2009	Kempsville vs First Colonial
22	1:10.12 S L	F	Brittany Baskette	SO	PA	12/18/2009	Princess Anne vs Kempsville
23	1:10.45 S	F	Samantha Keller	FR	FC	12/4/2009	First Colonial vs Kellam
24	1:10.48 S	F	Lizzie Phillpott		KEL	12/11/2009	Kellam vs Green Run
25*	1:10.50 S	F	Dana Clarke	SO	KEMP	12/4/2009	Kempsville vs Bayside
25*	1:10.50 S	F	Cassie Newman	SO	PA	12/18/2009	Princess Anne vs Kempsville
27	1:11.20 S	F	Erika Kilgore	FR	OL	12/18/2009	Kellam vs Ocean Lakes
28	1:11.28 S	F	Katie Meyer	SO	PA	12/18/2009	Princess Anne vs Kempsville
29	1:11.38 S	F	Gabriella Palacios	FR	COX	12/11/2009	Cox vs Ocean Lakes
30	1:11.57 S L	F	Jenna Schaff		TALL	12/11/2009	Salem vs Tallwood
31	1:11.68 S	F	Michelle Faggert	SO	OL	12/11/2009	Cox vs Ocean Lakes
32	1:12.05 S	F	Erin Green	SR	FC	12/4/2009	First Colonial vs Kellam
33	1:12.41 S	F	Heather Dunning	SO	BAY	12/18/2009	Salem vs Bayside
34	1:12.63 S	F	Kelli Fatigate	JR	COX	12/4/2009	Cox vs.Salem
35	1:12.77 S L	F	Jessy Linzy		KEL	12/4/2009	First Colonial vs Kellam
36	1:12.81 S L	F	Jenna Baraki	FR	PA	12/4/2009	Princess Anne vs Green Run
37	1:12.87 S	F	Shannon Murrell	JR	FC	12/4/2009	First Colonial vs Kellam
38	1:12.89 S L	F	Morgan Ryder	SR	FC	12/11/2009	Kempsville vs First Colonial
39	1:13.13 S L	F	Jackie Pankow	JR	COX	12/4/2009	Cox vs.Salem
40	1:13.19 S	F	Marysa Saltzman		GRHS	12/18/2009	Green Run vs Landstown
41	1:13.51 S L	F	Taylor Rehfluss		KEL	12/11/2009	Kellam vs Green Run
42	1:13.71 S	F	Lisa Reaume		KEL	12/11/2009	Kellam vs Green Run
43	1:13.79 S	F	Taylor Barron	SO	KEMP	12/18/2009	Princess Anne vs Kempsville
44	1:14.24 S	F	Jordan Sharble		KEL	12/18/2009	Kellam vs Ocean Lakes
45	1:14.25 S	F	Katelyn Saks	SO	FC	12/11/2009	Kempsville vs First Colonial
46	1:14.60 S L	F	Vanessa Rave	SO	COX	12/4/2009	Cox vs.Salem
47	1:14.78 S L	F	Meghan Costello	FR	OL	12/18/2009	Kellam vs Ocean Lakes
48	1:14.87 S L	F	Kristin Martinolich		KEL	12/18/2009	Kellam vs Ocean Lakes
49	1:15.01 S L	F	Angela Pezzella	SR	KEMP	12/11/2009	Kempsville vs First Colonial
50	1:15.11 S	F	Megan Croeber	FR	OL	12/18/2009	Kellam vs Ocean Lakes
Girls 200 Free							
1	2:14.03 S	F	Jessica Singer	SR	OL	12/18/2009	Kellam vs Ocean Lakes
2	2:16.38 S	F	Gabriella Famularo	SR	COX	12/11/2009	Cox vs Ocean Lakes
3	2:20.93 S	F	Becca Phillips	FR	KEMP	12/18/2009	Princess Anne vs Kempsville
4	2:21.11 S	F	Aubrey Small	SO	COX	12/11/2009	Cox vs Ocean Lakes
5	2:21.36 S	F	Rachel Lowery	SO	FC	12/11/2009	Kempsville vs First Colonial
6	2:22.06 S	F	Hannah Guzik		KEL	12/18/2009	Kellam vs Ocean Lakes
7	2:22.98 S	F	Julie Anne Stern	JR	COX	12/4/2009	Cox vs.Salem
8	2:23.96 S	F	Haley Smith	FR	PA	12/4/2009	Princess Anne vs Green Run
9	2:25.61 S	F	Fiona Craib	FR	PA	12/18/2009	Princess Anne vs Kempsville
10	2:26.06 S	F	Victoria Good	11	SALEM VA	12/18/2009	Salem vs Bayside
11	2:28.60 S	F	Bethany Moore	SO	KEMP	12/11/2009	Kempsville vs First Colonial
12	2:29.92 S	F	Missy Kunsch	SO	PA	12/18/2009	Princess Anne vs Kempsville
13	2:30.57 S	F	Blair Horth	SO	FC	12/4/2009	First Colonial vs Kellam
14	2:31.13 S	F	Stuart Lyster	FR	COX	12/11/2009	Cox vs Ocean Lakes
15	2:32.99 S	F	Shannon French	SR	PA	12/18/2009	Princess Anne vs Kempsville
16	2:36.75 S	F	Morgan Wall	JR	COX	12/4/2009	Cox vs.Salem
17	2:38.41 S	F	Samantha Keller	FR	FC	12/11/2009	Kempsville vs First Colonial
18	2:38.78 S	F	Meghan Costello	FR	OL	12/18/2009	Kellam vs Ocean Lakes

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19	2:39.09 S	F	Jessy Linzy		KEL	12/18/2009	Kellam vs Ocean Lakes
20	2:40.32 S	F	Cassie Newman	SO	PA	12/4/2009	Princess Anne vs Green Run
21	2:40.55 S	F	Reba Shallis		GRHS	12/11/2009	Kellam vs Green Run
22	2:41.10 S	F	Hanna Lewis	FR	OL	12/18/2009	Kellam vs Ocean Lakes
23	2:41.27 S	F	Kathryn Guevara		KEL	12/11/2009	Kellam vs Green Run
24	2:43.05 S	F	Katrina Aducci	JR	LAND	12/18/2009	Green Run vs Landstown
25	2:43.19 S	F	Lindsey Alvarado		TALL	12/11/2009	Salem vs Tallwood
26	2:43.92 S	F	Lauren Wilhoit	SR	FC	12/11/2009	Kempsville vs First Colonial
27	2:44.17 S	F	Mariah Lee	JR	PA	12/18/2009	Princess Anne vs Kempsville
28	2:44.34 S	F	Ali Burke	FR	KEMP	12/18/2009	Princess Anne vs Kempsville
29	2:46.71 S	F	Mary Eschbach	SR	KEMP	12/11/2009	Kempsville vs First Colonial
30	2:47.17 S	F	Sydney Catoire	SR	OL	12/18/2009	Kellam vs Ocean Lakes
31	2:47.40 S	F	Emily Zydlewski	SO	FC	12/11/2009	Kempsville vs First Colonial
32	2:48.16 S	F	Katlynn Walz	12	SALEM VA	12/18/2009	Salem vs Bayside
33	2:50.01 S	F	Taylor Gardner	FR	LAND	12/18/2009	Green Run vs Landstown
34	2:51.62 S	F	Elizabeth Pryor	SR	PA	12/4/2009	Princess Anne vs Green Run
35	2:53.18 S	F	Raleigh Cowan	JR	FC	12/4/2009	First Colonial vs Kellam
36	2:54.12 S	F	Taylor Barron	SO	KEMP	12/18/2009	Princess Anne vs Kempsville
37	2:55.61 S	F	Emily Grant	JR	LAND	12/11/2009	Bayside vs Landstown
38	2:55.74 S	F	Ivy Hulehan	JR	BAY	12/11/2009	Bayside vs Landstown
39	2:55.99 S	F	Alexandra Borkowski	FR	OL	12/11/2009	Cox vs Ocean Lakes
40	2:57.08 S	F	Kathryn Hart	JR	OL	12/11/2009	Cox vs Ocean Lakes
41	2:57.69 S	F	Katelyn Saks	SO	FC	12/4/2009	First Colonial vs Kellam
42	2:59.64 S	F	Kaitlyn Rancour	SR	BAY	12/18/2009	Salem vs Bayside
43	3:00.61 S	F	Sydney Rodman	SR	KEMP	12/11/2009	Kempsville vs First Colonial
44	3:00.75 S	F	Shea Humenik	SR	LAND	12/11/2009	Bayside vs Landstown
45	3:01.12 S	F	Gaby Grune	SR	FC	12/4/2009	First Colonial vs Kellam
46	3:01.57 S	F	Kara Broene		TALL	12/3/2009	Landstown vs Tallwood
47	3:01.61 S	F	Kristin Martinolich		KEL	12/4/2009	First Colonial vs Kellam
48	3:01.94 S	F	Maddie Ralph	FR	KEMP	12/4/2009	Kempsville vs Bayside
49	3:02.19 S	F	Catherine Jenkins		KEL	12/18/2009	Kellam vs Ocean Lakes
50	3:02.57 S	F	Lindsey Lucente	12	SALEM VA	12/18/2009	Salem vs Bayside
Girls 400 Free							
1	4:36.39 S	F	Jessica Singer	SR	OL	12/18/2009	Kellam vs Ocean Lakes
2	4:36.71 S	F	Savannah Bowers		KEL	12/18/2009	Kellam vs Ocean Lakes
3	4:52.16 S	F	Becca Phillips	FR	KEMP	12/4/2009	Kempsville vs Bayside
4	4:59.77 S	F	Becca Moyer	12	SALEM VA	12/4/2009	Cox vs Salem
5	5:01.20 S	F	Julie Anne Stern	JR	COX	12/4/2009	Cox vs Salem
6	5:03.45 S	F	Gabriella Famularo	SR	COX	12/11/2009	Cox vs Ocean Lakes
7	5:09.28 S	F	Victoria Good	11	SALEM VA	12/4/2009	Cox vs Salem
8	5:10.38 S	F	Amanda Waterman	JR	PA	12/4/2009	Princess Anne vs Green Run
9	5:12.80 S	F	Pirkko Zink	JR	LAND	12/18/2009	Green Run vs Landstown
10	5:24.26 S	F	Missy Kunsch	SO	PA	12/4/2009	Princess Anne vs Green Run
11	5:28.21 S	F	Morgan Wall	JR	COX	12/11/2009	Cox vs Ocean Lakes
12	5:38.25 S	F	Mary Delmonte	SO	COX	12/11/2009	Cox vs Ocean Lakes
13	5:42.03 S	F	Hanna Lewis	FR	OL	12/11/2009	Cox vs Ocean Lakes
14	5:44.51 S	F	Angela Pezzella	SR	KEMP	12/11/2009	Kempsville vs First Colonial
15	5:44.61 S	F	Cassie Newman	SO	PA	12/4/2009	Princess Anne vs Green Run
16	5:45.00 S	F	Shelby Bryant		KEL	12/11/2009	Kellam vs Green Run
17	5:45.01 S	F	Meghan Costello	FR	OL	12/11/2009	Cox vs Ocean Lakes
18	5:45.24 S	F	Rachel Tucker	JR	PA	12/18/2009	Princess Anne vs Kempsville
19	5:45.36 S	F	Shannon Murrell	JR	FC	12/11/2009	Kempsville vs First Colonial
20	5:45.83 S	F	Katie Geisler	JR	PA	12/18/2009	Princess Anne vs Kempsville
21	5:46.52 S	F	Reba Shallis		GRHS	12/11/2009	Kellam vs Green Run
22	5:49.82 S	F	Jessy Linzy		KEL	12/11/2009	Kellam vs Green Run
23	5:49.90 S	F	Jackie Benedict	FR	KEMP	12/18/2009	Princess Anne vs Kempsville
24	5:52.18 S	F	Mary Eschbach	SR	KEMP	12/11/2009	Kempsville vs First Colonial
25	5:52.27 S	F	Mariah Lee	JR	PA	12/18/2009	Princess Anne vs Kempsville
26	5:56.02 S	F	Maggi Cullen	JR	FC	12/11/2009	Kempsville vs First Colonial
27	5:56.57 S	F	Stephanie Rushley	SR	OL	12/18/2009	Kellam vs Ocean Lakes
28	5:57.91 S	F	Shannon Riordan	SR	FC	12/11/2009	Kempsville vs First Colonial

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	Time	P/F/S	Name	Age/Yr			
29	6:03.83	S	F	Morgan Ryder	SR	FC	12/4/2009 First Colonial vs Kellam
30	6:04.64	S	F	Alex Hensleigh	SR	COX	12/4/2009 Cox vs.Salem
31	6:06.81	S	F	Katlynn Walz	12	SALEM VA	12/18/2009 Salem vs Bayside
32	6:07.44	S	F	Vitoria Jones	SR	OL	12/18/2009 Kellam vs Ocean Lakes
33	6:07.86	S	F	Katrina Aducci	JR	LAND	12/3/2009 Landstown vs Tallwood
34	6:08.03	S	F	Kali Abernathie		PA	12/18/2009 Princess Anne vs Kempsville
35	6:09.07	S	F	Lindsey Alvarado		TALL	12/11/2009 Salem vs Tallwood
36	6:10.14	S	F	Taylor Spiegel	SO	KEMP	12/18/2009 Princess Anne vs Kempsville
37	6:13.62	S	F	Raleigh Cowan	JR	FC	12/11/2009 Kempsville vs First Colonial
38	6:16.47	S	F	Emily Grant	JR	LAND	12/18/2009 Green Run vs Landstown
39	6:19.44	S	F	Sara Lange	FR	FC	12/4/2009 First Colonial vs Kellam
40	6:20.04	S	F	Nicole Ostby	SR	OL	12/11/2009 Cox vs Ocean Lakes
41	6:21.74	S	F	Logan Carroll	9	SALEM VA	12/18/2009 Salem vs Bayside
42	6:25.25	S	F	Maddie Ralph	FR	KEMP	12/11/2009 Kempsville vs First Colonial
43	6:28.29	S	F	Elizabeth Watson		KEL	12/18/2009 Kellam vs Ocean Lakes
44	6:28.70	S	F	Sarah McGinnis	SO	KEMP	12/4/2009 Kempsville vs Bayside
45	6:28.98	S	F	Catherine Jenkins		KEL	12/18/2009 Kellam vs Ocean Lakes
46	6:34.39	S	F	Shelly Bryant	SR	BAY	12/11/2009 Bayside vs Landstown
47	6:38.89	S	F	Kara Broene		TALL	12/3/2009 Landstown vs Tallwood
48	6:41.16	S	F	Vivien Angus	JR	LAND	12/11/2009 Bayside vs Landstown
49	6:42.03	S	F	Kaitlyn Rancour	SR	BAY	12/11/2009 Bayside vs Landstown
50	6:42.83	S	F	Zoe Slavin	SR	BAY	12/18/2009 Salem vs Bayside

Girls 50 Back

1	30.72	S L	F	Jocelyn Long	JR	FC	12/11/2009 Kempsville vs First Colonial
2	32.01	S L	F	Mary Gerloff	JR	COX	12/4/2009 Cox vs.Salem
3	32.09	S L	F	Katie Thomas	11	SALEM VA	12/18/2009 Salem vs Bayside
4	33.16	S L	F	Savannah Bowers		KEL	12/4/2009 First Colonial vs Kellam
5	33.35	S L	F	Blair Horth	SO	FC	12/11/2009 Kempsville vs First Colonial
6	33.53	S L	F	Jenine Burns		KEL	12/18/2009 Kellam vs Ocean Lakes
7	33.93	S L	F	Emily Keiser	SO	KEMP	12/11/2009 Kempsville vs First Colonial
8	34.28	S L	F	Shannon French	SR	PA	12/4/2009 Princess Anne vs Green Run
9	34.38	S L	F	Ariel Small	SO	COX	12/4/2009 Cox vs.Salem
10	35.24	S L	F	Megan Geis	SO	OL	12/18/2009 Kellam vs Ocean Lakes
11	35.39	S L	F	Brittany Baskette	SO	PA	12/18/2009 Princess Anne vs Kempsville
12	35.49	S L	F	Taylor Barron	SO	KEMP	12/11/2009 Kempsville vs First Colonial
13	35.60	S L	F	Anaelle Stenman	SO	PA	12/4/2009 Princess Anne vs Green Run
14	35.80	S L	F	Olivia Dittig	FR	COX	12/4/2009 Cox vs.Salem
15	36.34	S L	F	Alexis Burton		TALL	12/11/2009 Salem vs Tallwood
16	36.81	S L	F	Melissa Farrell	SR	COX	12/4/2009 Cox vs.Salem
17	37.10	S L	F	Katharine Sadowski	JR	FC	12/11/2009 Kempsville vs First Colonial
18	37.28	S L	F	Meghan Costello	FR	OL	12/11/2009 Cox vs Ocean Lakes
19	38.20	S L	F	Lisa Reaume		KEL	12/18/2009 Kellam vs Ocean Lakes
20	38.30	S L	F	Nicole Abejon	JR	LAND	12/11/2009 Bayside vs Landstown
21	38.39	S L	F	Rachel Garcia	JR	COX	12/11/2009 Cox vs Ocean Lakes
22	38.41	S L	F	Morgan Egger		TALL	12/11/2009 Salem vs Tallwood
23	38.57	S L	F	Alison Benn	SO	PA	12/18/2009 Princess Anne vs Kempsville
24	38.71	S L	F	Grayson Honeycutt	JR	FC	12/4/2009 First Colonial vs Kellam
25	39.11	S L	F	Kaittee Nicholas		TALL	12/11/2009 Salem vs Tallwood
26	39.24	S L	F	Lindsey Lucente	12	SALEM VA	12/11/2009 Salem vs Tallwood
27	39.27	S L	F	Erika Kilgore	FR	OL	12/11/2009 Cox vs Ocean Lakes
28	39.31	S L	F	Emily Hoke	SO	FC	12/4/2009 First Colonial vs Kellam
29	39.36	S L	F	Sydney Bunting	SR	PA	12/18/2009 Princess Anne vs Kempsville
30	39.88	S L	F	Jenna Barea	FR	FC	12/11/2009 Kempsville vs First Colonial
31	39.96	S L	F	Tara Donovan		KEL	12/18/2009 Kellam vs Ocean Lakes
32	40.10	S L	F	Mary Ann Goode	SO	FC	12/4/2009 First Colonial vs Kellam
33	40.22	S L	F	Mariah Lee	JR	PA	12/4/2009 Princess Anne vs Green Run
34	40.36	S L	F	Kaitlyn Rancour	SR	BAY	12/11/2009 Bayside vs Landstown
35	40.37	S L	F	Mary Eschbach	SR	KEMP	12/4/2009 Kempsville vs Bayside
36	40.99	S L	F	Stephanie Rushley	SR	OL	12/11/2009 Cox vs Ocean Lakes
37	42.09	S L	F	Asia Poellnitz	12	SALEM VA	12/11/2009 Salem vs Tallwood
38	42.21	S L	F	Katie Eberwein		KEL	12/18/2009 Kellam vs Ocean Lakes

Individual Top Times

Number of Top Times: 50 Convert To: SC Print: SC

	Time	P/F/S	Name	Age/Yr			
39	42.41 S L	F	Reba Shallis		GRHS	12/4/2009	Princess Anne vs Green Run
40	42.42 S L	F	Breanna Boyd	SO	KEMP	12/11/2009	Kempsville vs First Colonial
41	42.43 S L	F	Alexandra Borkowski	FR	OL	12/18/2009	Kellam vs Ocean Lakes
42	42.45 S L	F	Shea Humenik	SR	LAND	12/3/2009	Landstown vs Tallwood
43	42.72 S L	F	Mackenzie Edwards		KEL	12/11/2009	Kellam vs Green Run
44	43.79 S L	F	Nicole Torres		KEL	12/4/2009	First Colonial vs Kellam
45	43.99 S L	F	Mackenzie Turner		TALL	12/3/2009	Landstown vs Tallwood
46	44.33 S L	F	Jonel Andrew	SO	LAND	12/3/2009	Landstown vs Tallwood
47	44.38 S L	F	Shanna Hawley	SO	OL	12/18/2009	Kellam vs Ocean Lakes
48	44.65 S L	F	Ivy Hulehan	JR	BAY	12/18/2009	Salem vs Bayside
49	44.78 S L	F	Shelbie Bement	SR	BAY	12/4/2009	Kempsville vs Bayside
50	45.85 S L	F	Catherine Jenkins		KEL	12/11/2009	Kellam vs Green Run
Girls 100 Back							
1	1:08.60 S	F	Katie Thomas	11	SALEM VA	12/4/2009	Cox vs.Salem
2	1:08.92 S	F	Mary Gerloff	JR	COX	12/4/2009	Cox vs.Salem
3	1:12.67 S	F	Jocelyn Long	JR	FC	12/4/2009	First Colonial vs Kellam
4	1:13.32 S	F	Shannon French	SR	PA	12/18/2009	Princess Anne vs Kempsville
5	1:13.46 S	F	Rachel Lowery	SO	FC	12/11/2009	Kempsville vs First Colonial
6	1:14.09 S	F	Kelly Olliges	JR	COX	12/11/2009	Cox vs Ocean Lakes
7	1:14.78 S	F	Ariel Small	SO	COX	12/4/2009	Cox vs.Salem
8	1:15.32 S	F	Amanda Waterman	JR	PA	12/18/2009	Princess Anne vs Kempsville
9	1:17.14 S	F	Brittany Baskette	SO	PA	12/18/2009	Princess Anne vs Kempsville
10	1:17.19 S	F	Megan Geis	SO	OL	12/18/2009	Kellam vs Ocean Lakes
11	1:17.56 S	F	Stuart Lyster	FR	COX	12/11/2009	Cox vs Ocean Lakes
12	1:17.58 S	F	Becca Moyer	12	SALEM VA	12/18/2009	Salem vs Bayside
13	1:19.54 S	F	Taylor Rehffuss		KEL	12/18/2009	Kellam vs Ocean Lakes
14	1:19.80 S	F	Olivia Dittig	FR	COX	12/11/2009	Cox vs Ocean Lakes
15	1:19.87 S	F	Emily Keiser	SO	KEMP	12/11/2009	Kempsville vs First Colonial
16	1:20.86 S	F	Hallie Parent	JR	FC	12/11/2009	Kempsville vs First Colonial
17	1:21.24 S	F	Heather Dunning	SO	BAY	12/18/2009	Salem vs Bayside
18	1:23.45 S	F	Alison Benn	SO	PA	12/18/2009	Princess Anne vs Kempsville
19	1:24.18 S	F	Ali Burke	FR	KEMP	12/18/2009	Princess Anne vs Kempsville
20	1:24.42 S	F	Rachel Garcia	JR	COX	12/4/2009	Cox vs.Salem
21	1:24.51 S	F	Meghan Costello	FR	OL	12/18/2009	Kellam vs Ocean Lakes
22	1:24.55 S	F	Angela Pezzella	SR	KEMP	12/4/2009	Kempsville vs Bayside
23	1:25.23 S	F	Erika Kilgore	FR	OL	12/18/2009	Kellam vs Ocean Lakes
24	1:28.03 S	F	Morgan Egger		TALL	12/11/2009	Salem vs Tallwood
25	1:28.27 S	F	Dana Clarke	SO	KEMP	12/4/2009	Kempsville vs Bayside
26	1:28.38 S	F	Taylor Sheridan	JR	FC	12/4/2009	First Colonial vs Kellam
27	1:28.42 S	F	Morgan Ryder	SR	FC	12/11/2009	Kempsville vs First Colonial
28	1:29.12 S	F	Mary Ann Goode	SO	FC	12/4/2009	First Colonial vs Kellam
29	1:29.38 S	F	Rachel Tucker	JR	PA	12/4/2009	Princess Anne vs Green Run
30	1:29.40 S	F	Katelyn Saks	SO	FC	12/4/2009	First Colonial vs Kellam
31	1:29.55 S	F	Stephanie Rushley	SR	OL	12/11/2009	Cox vs Ocean Lakes
32	1:30.09 S	F	Nicole Abejon	JR	LAND	12/11/2009	Bayside vs Landstown
33	1:30.87 S	F	Kaitee Nicholas		TALL	12/3/2009	Landstown vs Tallwood
34	1:30.94 S	F	Isabelle Folmer	JR	FC	12/11/2009	Kempsville vs First Colonial
35	1:30.98 S	F	Mackenzie Edwards		KEL	12/4/2009	First Colonial vs Kellam
36	1:31.12 S	F	Alexis Burton		TALL	12/11/2009	Salem vs Tallwood
37	1:31.68 S	F	Tara Donovan		KEL	12/11/2009	Kellam vs Green Run
38	1:31.94 S	F	Marysa Saltzman		GRHS	12/4/2009	Princess Anne vs Green Run
39	1:32.32 S	F	Kaitlyn Rancour	SR	BAY	12/18/2009	Salem vs Bayside
40	1:32.39 S	F	Lisa Reaume		KEL	12/18/2009	Kellam vs Ocean Lakes
41	1:32.43 S	F	Lindsey Lucente	12	SALEM VA	12/11/2009	Salem vs Tallwood
42	1:33.00 S	F	Jordan Sharble		KEL	12/4/2009	First Colonial vs Kellam
43	1:33.21 S	F	Alexandra Borkowski	FR	OL	12/11/2009	Cox vs Ocean Lakes
44	1:35.66 S	F	Katie Eberwein		KEL	12/18/2009	Kellam vs Ocean Lakes
45	1:36.12 S	F	Rachel Bensink	FR	KEMP	12/18/2009	Princess Anne vs Kempsville
46	1:36.95 S	F	Breanna Boyd	SO	KEMP	12/4/2009	Kempsville vs Bayside
47	1:37.62 S	F	Shelly Bryant	SR	BAY	12/4/2009	Kempsville vs Bayside
48	1:38.31 S	F	Ashley McLoughlin	SR	TALL	12/11/2009	Salem vs Tallwood

Individual Top Times

Number of Top Times: 50 Convert To: SC Print: SC

	Time	P/F/S	Name	Age/Yr				
49	1:40.32 S	F	Shea Humenik	SR	LAND	12/3/2009	Landstown vs Tallwood	
50	1:40.66 S	F	Cassandra Hawley	SR	OL	12/11/2009	Cox vs Ocean Lakes	
Girls 100 Breast								
1	1:22.01 S	F	Alexa Graves	JR	COX	12/11/2009	Cox vs Ocean Lakes	
2	1:23.88 S	F	Aubrey Small	SO	COX	12/11/2009	Cox vs Ocean Lakes	
3	1:25.88 S	F	Margaret Ward	11	SALEM VA	12/18/2009	Salem vs Bayside	
4	1:26.02 S	F	Caroline Donnal	JR	PA	12/18/2009	Princess Anne vs Kempsville	
5	1:26.85 S	F	Lauren Wilhoit	SR	FC	12/4/2009	First Colonial vs Kellam	
6	1:27.17 S	F	Jenna Baraki	FR	PA	12/18/2009	Princess Anne vs Kempsville	
7	1:27.23 S	F	Hannah Guzik		KEL	12/18/2009	Kellam vs Ocean Lakes	
8	1:27.75 S	F	Molly Robinson	SR	FC	12/11/2009	Kempsville vs First Colonial	
9	1:27.84 S	F	Fiona Craib	FR	PA	12/18/2009	Princess Anne vs Kempsville	
10	1:28.29 S	F	Leah Alley	SR	COX	12/4/2009	Cox vs Salem	
11	1:28.89 S	F	Megan Letchford	FR	COX	12/4/2009	Cox vs Salem	
12	1:30.14 S	F	Samantha Keller	FR	FC	12/11/2009	Kempsville vs First Colonial	
13	1:30.30 S	F	Emily Gottlick	JR	KEMP	12/4/2009	Kempsville vs Bayside	
14	1:30.51 S	F	Jenna Schaff		TALL	12/11/2009	Salem vs Tallwood	
15	1:30.90 S	F	Kristen Frey	SO	COX	12/11/2009	Cox vs Ocean Lakes	
16	1:31.64 S	F	Megan Croeber	FR	OL	12/18/2009	Kellam vs Ocean Lakes	
17	1:31.76 S	F	Kelly Robinson	SO	FC	12/4/2009	First Colonial vs Kellam	
18	1:32.14 S	F	Maggi Cullen	JR	FC	12/4/2009	First Colonial vs Kellam	
19	1:32.26 S	F	Jalyssa Robles	JR	OL	12/18/2009	Kellam vs Ocean Lakes	
20	1:33.98 S	F	Morgan Ryan	JR	LAND	12/18/2009	Green Run vs Landstown	
21	1:34.26 S	F	April Knutsen	SO	FC	12/11/2009	Kempsville vs First Colonial	
22	1:35.17 S	F	Sydney Rodman	SR	KEMP	12/11/2009	Kempsville vs First Colonial	
23	1:35.54 S	F	Kali Abernathie		PA	12/4/2009	Princess Anne vs Green Run	
24	1:37.07 S	F	Sydney Catoire	SR	OL	12/18/2009	Kellam vs Ocean Lakes	
25	1:37.33 S	F	Sydney Hulse		KEL	12/18/2009	Kellam vs Ocean Lakes	
26	1:37.83 S	F	Kelsey Meade	FR	KEMP	12/11/2009	Kempsville vs First Colonial	
27	1:38.09 S	F	Claire Johnson	SR	PA	12/18/2009	Princess Anne vs Kempsville	
28	1:38.82 S	F	Emily Croeber	SR	LAND	12/11/2009	Bayside vs Landstown	
29	1:40.79 S	F	Jackie Benedict	FR	KEMP	12/11/2009	Kempsville vs First Colonial	
30	1:41.10 S	F	Shannon Stewart	SO	FC	12/11/2009	Kempsville vs First Colonial	
31	1:41.23 S	F	Alexandra Borkowski	FR	OL	12/18/2009	Kellam vs Ocean Lakes	
32	1:42.01 S	F	Shelby Bryant		KEL	12/4/2009	First Colonial vs Kellam	
33	1:42.57 S	F	Katie Geisler	JR	PA	12/4/2009	Princess Anne vs Green Run	
34	1:42.76 S	F	Zoe Slavin	SR	BAY	12/18/2009	Salem vs Bayside	
35	1:42.77 S	F	Lauren Carranza	11	SALEM VA	12/18/2009	Salem vs Bayside	
36	1:44.11 S	F	Kaitlyn Neatrou	SO	OL	12/11/2009	Cox vs Ocean Lakes	
37	1:45.01 S	F	Hanna Lewis	FR	OL	12/11/2009	Cox vs Ocean Lakes	
38	1:45.80 S	F	Amanda Gaither	SO	LAND	12/3/2009	Landstown vs Tallwood	
39	1:46.27 S	F	Breanna Boyd	SO	KEMP	12/18/2009	Princess Anne vs Kempsville	
40	1:46.59 S	F	Amber Lentz	11	SALEM VA	12/18/2009	Salem vs Bayside	
41	1:47.48 S	F	Lauren Callahan	FR	KEMP	12/18/2009	Princess Anne vs Kempsville	
42	1:47.52 S	F	Sarah Gilbert	SR	KEMP	12/4/2009	Kempsville vs Bayside	
43	1:47.60 S	F	Lisa Martin		KEL	12/11/2009	Kellam vs Green Run	
44	1:48.09 S	F	Corrin Lundquist	FR	BAY	12/18/2009	Salem vs Bayside	
45	1:49.12 S	F	Kali Pascaul		GRHS	12/18/2009	Green Run vs Landstown	
46	1:49.22 S	F	Gabrielle Espiritu	JR	LAND	12/11/2009	Bayside vs Landstown	
47	1:50.88 S	F	Ivy Hulehan	JR	BAY	12/18/2009	Salem vs Bayside	
48	1:51.15 S	F	Vanessa Pelligrino	SR	TALL	12/11/2009	Salem vs Tallwood	
49	1:52.23 S	F	Elizabeth Watson		KEL	12/11/2009	Kellam vs Green Run	
50	2:01.40 S	F	Kayle Davenport		GRHS	12/18/2009	Green Run vs Landstown	

Girls 100 Fly

1	1:08.95 S	F	Haley Smith	FR	PA	12/18/2009	Princess Anne vs Kempsville
2	1:10.08 S	F	Savannah Bowers		KEL	12/4/2009	First Colonial vs Kellam
3	1:11.50 S	F	Julie Ross	SR	KEMP	12/11/2009	Kempsville vs First Colonial
4	1:11.53 S	F	Kelly Olliges	JR	COX	12/11/2009	Cox vs Ocean Lakes
5	1:11.85 S	F	Katie Thomas	11	SALEM VA	12/11/2009	Salem vs Tallwood
6	1:12.09 S	F	Ariel Small	SO	COX	12/11/2009	Cox vs Ocean Lakes

Individual Top Times

Number of Top Times: 50 Convert To: SC Print: SC

	Time	P/F/S	Name	Age/Yr			
7	1:12.99 S	F	Jocelyn Long	JR FC	12/11/2009	Kempsville vs First Colonial	
8	1:13.08 S	F	Molly Robinson	SR FC	12/4/2009	First Colonial vs Kellam	
9	1:13.68 S	F	Madeline Potter	SR COX	12/11/2009	Cox vs Ocean Lakes	
10	1:13.93 S	F	Missy Kunsch	SO PA	12/18/2009	Princess Anne vs Kempsville	
11	1:14.50 S	F	Bethany Moore	SO KEMP	12/18/2009	Princess Anne vs Kempsville	
12	1:17.55 S	F	Athamandia Bond	FR KEMP	12/18/2009	Princess Anne vs Kempsville	
13	1:17.83 S	F	Angela Pezzella	SR KEMP	12/4/2009	Kempsville vs Bayside	
14	1:17.90 S	F	Jenna Baraki	FR PA	12/4/2009	Princess Anne vs Green Run	
15	1:18.02 S	F	Brittany Gaither	SR LAND	12/11/2009	Bayside vs Landstown	
16	1:18.18 S	F	Caroline Donnal	JR PA	12/18/2009	Princess Anne vs Kempsville	
17	1:18.88 S	F	Brittany Baskette	SO PA	12/18/2009	Princess Anne vs Kempsville	
18	1:19.29 S	F	Becca Moyer	12 SALEM VA	12/4/2009	Cox vs. Salem	
19	1:19.82 S	F	Megan Geis	SO OL	12/11/2009	Cox vs Ocean Lakes	
20	1:22.17 S	F	Ragan Killen	SR COX	12/11/2009	Cox vs Ocean Lakes	
21	1:23.23 S	F	Erin Hagelberger	SO PA	12/4/2009	Princess Anne vs Green Run	
22	1:24.00 S	F	Pirkko Zink	JR LAND	12/3/2009	Landstown vs Tallwood	
23	1:24.59 S	F	Megan Dunning	SO BAY	12/18/2009	Salem vs Bayside	
24	1:25.84 S	F	Erin Green	SR FC	12/11/2009	Kempsville vs First Colonial	
25	1:26.37 S	F	Fiona Craib	FR PA	12/4/2009	Princess Anne vs Green Run	
26	1:27.18 S	F	Rachel Shuey	JR LAND	12/11/2009	Bayside vs Landstown	
27	1:27.50 S	F	Chelsey Bright	SR OL	12/18/2009	Kellam vs Ocean Lakes	
28	1:28.23 S	F	April Knutsen	SO FC	12/4/2009	First Colonial vs Kellam	
29	1:28.79 S	F	Emily Zydlewski	SO FC	12/4/2009	First Colonial vs Kellam	
30	1:29.21 S	F	Heather Dunning	SO BAY	12/11/2009	Bayside vs Landstown	
31	1:30.53 S	F	Vivien Angus	JR LAND	12/18/2009	Green Run vs Landstown	
32	1:31.74 S	F	Taylor Sheridan	JR FC	12/11/2009	Kempsville vs First Colonial	
33	1:32.19 S	F	Mallory Reckling	FR FC	12/11/2009	Kempsville vs First Colonial	
34	1:33.16 S	F	Vitoria Jones	SR OL	12/18/2009	Kellam vs Ocean Lakes	
35	1:33.83 S	F	Sally Pryor	TALL	12/11/2009	Salem vs Tallwood	
36	1:34.99 S	F	Nicole Ostby	SR OL	12/18/2009	Kellam vs Ocean Lakes	
37	1:35.72 S	F	Kyndall Peterson	10 SALEM VA	12/18/2009	Salem vs Bayside	
38	1:35.87 S	F	Taylor Gardner	FR LAND	12/18/2009	Green Run vs Landstown	
39	1:36.26 S	F	Kathryn Guevara	KEL	12/11/2009	Kellam vs Green Run	
40	1:36.30 S	F	Isabelle Folmer	JR FC	12/4/2009	First Colonial vs Kellam	
41	1:37.06 S	F	Anna Flood	SR TALL	12/11/2009	Salem vs Tallwood	
42	1:37.84 S	F	Vanessa Pelligrino	SR TALL	12/3/2009	Landstown vs Tallwood	
43	1:38.09 S	F	Logan Carroll	9 SALEM VA	12/4/2009	Cox vs. Salem	
44	1:39.17 S	F	Kathryn Hart	JR OL	12/18/2009	Kellam vs Ocean Lakes	
45	1:42.21 S	F	Mackenzie Edwards	KEL	12/18/2009	Kellam vs Ocean Lakes	
46	1:43.55 S	F	Annabelle Strait	KEL	12/11/2009	Kellam vs Green Run	
47	1:49.32 S	F	Jessica Chugg	GRHS	12/11/2009	Kellam vs Green Run	
48	1:55.66 S	F	Makayla Hager	GRHS	12/4/2009	Princess Anne vs Green Run	
49	2:04.41 S	F	Shelbie Bement	SR BAY	12/4/2009	Kempsville vs Bayside	
Girls 200 IM							
1	2:34.52 S	F	Katie Thomas	11 SALEM VA	12/4/2009	Cox vs. Salem	
2	2:37.19 S	F	Alexa Graves	JR COX	12/11/2009	Cox vs Ocean Lakes	
3	2:38.68 S	F	Mary Gerloff	JR COX	12/11/2009	Cox vs Ocean Lakes	
4	2:40.48 S	F	Kylene Hohman	SO FC	12/11/2009	Kempsville vs First Colonial	
5	2:42.14 S	F	Amanda Waterman	JR PA	12/18/2009	Princess Anne vs Kempsville	
6	2:43.42 S	F	Anaelle Stenman	SO PA	12/18/2009	Princess Anne vs Kempsville	
7	2:44.88 S	F	Becca Moyer	12 SALEM VA	12/11/2009	Salem vs Tallwood	
8	2:45.21 S	F	Molly Robinson	SR FC	12/4/2009	First Colonial vs Kellam	
9	2:46.72 S	F	Shannon French	SR PA	12/4/2009	Princess Anne vs Green Run	
10	2:47.52 S	F	Megan Geis	SO OL	12/11/2009	Cox vs Ocean Lakes	
11	2:47.71 S	F	Jocelyn Long	JR FC	12/4/2009	First Colonial vs Kellam	
12	2:48.14 S	F	Jenine Burns	KEL	12/18/2009	Kellam vs Ocean Lakes	
13	2:49.03 S	F	Victoria Good	11 SALEM VA	12/4/2009	Cox vs. Salem	
14	2:49.28 S	F	Jenna Baraki	FR PA	12/18/2009	Princess Anne vs Kempsville	
15	2:50.57 S	F	Athamandia Bond	FR KEMP	12/18/2009	Princess Anne vs Kempsville	
16	2:51.29 S	F	Blair Horth	SO FC	12/11/2009	Kempsville vs First Colonial	
17	2:52.26 S	F	Megan Letchford	FR COX	12/4/2009	Cox vs. Salem	

Individual Top Times

Number of Top Times: 50 Convert To: SC Print: SC

	Time	P/F/S	Name	Age/Yr		
18	2:54.01 S	F	Jenna Schaff		TALL	12/3/2009 Landstown vs Tallwood
19	2:54.52 S	F	Erin Green	SR	FC	12/11/2009 Kempsville vs First Colonial
20	2:56.20 S	F	Emily Keiser	SO	KEMP	12/11/2009 Kempsville vs First Colonial
21	2:56.79 S	F	Brittany Gaither	SR	LAND	12/3/2009 Landstown vs Tallwood
22	2:57.19 S	F	Emily Gottlick	JR	KEMP	12/4/2009 Kempsville vs Bayside
23	2:57.39 S	F	Caroline Donnal	JR	PA	12/4/2009 Princess Anne vs Green Run
24	2:59.40 S	F	Fiona Craib	FR	PA	12/4/2009 Princess Anne vs Green Run
25	3:01.26 S	F	Jalyssa Robles	JR	OL	12/11/2009 Cox vs Ocean Lakes
26	3:01.49 S	F	Gabriella Palacios	FR	COX	12/4/2009 Cox vs. Salem
27	3:03.49 S	F	Megan Dunning	SO	BAY	12/11/2009 Bayside vs Landstown
28	3:04.19 S	F	Rachel Garcia	JR	COX	12/11/2009 Cox vs Ocean Lakes
29	3:06.94 S	F	April Knutsen	SO	FC	12/11/2009 Kempsville vs First Colonial
30	3:07.89 S	F	Erika Kilgore	FR	OL	12/11/2009 Cox vs Ocean Lakes
31	3:08.69 S	F	Kali Abernathie		PA	12/18/2009 Princess Anne vs Kempsville
32	3:08.92 S	F	Shelby Bryant		KEL	12/18/2009 Kellam vs Ocean Lakes
33	3:10.11 S	F	Chelsey Bright	SR	OL	12/18/2009 Kellam vs Ocean Lakes
34	3:11.10 S	F	Heather Dunning	SO	BAY	12/4/2009 Kempsville vs Bayside
35	3:12.86 S	F	Mallory Reckling	FR	FC	12/4/2009 First Colonial vs Kellam
36	3:13.72 S	F	Logan Carroll	9	SALEM VA	12/18/2009 Salem vs Bayside
37	3:14.04 S	F	Jordan Sharble		KEL	12/11/2009 Kellam vs Green Run
38	3:14.24 S	F	Kathryn Guevara		KEL	12/4/2009 First Colonial vs Kellam
39	3:14.53 S	F	Mackenzie Edwards		KEL	12/11/2009 Kellam vs Green Run
40	3:14.69 S	F	Rachel Bensink	FR	KEMP	12/18/2009 Princess Anne vs Kempsville
41	3:15.26 S	F	Megan Croeber	FR	OL	12/11/2009 Cox vs Ocean Lakes
42	3:16.49 S	F	Amanda Gaither	SO	LAND	12/11/2009 Bayside vs Landstown
43	3:16.58 S	F	Ansley Webb		KEL	12/11/2009 Kellam vs Green Run
44	3:16.91 S	F	Emily Croeber	SR	LAND	12/11/2009 Bayside vs Landstown
45	3:17.24 S	F	Taylor Spiegel	SO	KEMP	12/11/2009 Kempsville vs First Colonial
46*	3:18.55 S	F	Kaitlyn Neatrou	SO	OL	12/18/2009 Kellam vs Ocean Lakes
46*	3:18.55 S	F	Kristin Martinolich		KEL	12/18/2009 Kellam vs Ocean Lakes
48	3:18.81 S	F	Shelly Bryant	SR	BAY	12/11/2009 Bayside vs Landstown
49	3:21.39 S	F	Nicole Abejon	JR	LAND	12/18/2009 Green Run vs Landstown
50	3:24.05 S	F	Sara Lange	FR	FC	12/4/2009 First Colonial vs Kellam
Girls 1 Meter 6 Dives						
1	202.85	F	Blair Horth	SO	FC	12/11/2009 Kempsville vs First Colonial
2	180.55	F	Chandler Quennan	JR	FC	12/11/2009 Kempsville vs First Colonial
3	170.05	F	Lauren Hadley	SO	FC	12/4/2009 First Colonial vs Kellam
4	147.00	F	Jean Bonsall	JR	LAND	12/18/2009 Green Run vs Landstown
5	111.10	F	Kathryne Cashwell	SO	PA	12/18/2009 Princess Anne vs Kempsville
6	106.35	F	Christian Wells	FR	PA	12/4/2009 Princess Anne vs Green Run
7	103.60	F	Jessie Gabris	FR	COX	12/11/2009 Cox vs Ocean Lakes
8	99.60	F	Victoria Dormi		SALEM VA	12/18/2009 Salem vs Bayside
9	93.25	F	Rhianna Lawson	SO	COX	12/4/2009 Cox vs. Salem